



2024 Cycle for the Cause Travel and Logistics Overview

You have made a huge commitment by participating in Cycle for the Cause, so we are doing everything we can to make your travel to Boston and your experience on the road as easy as possible. Thank you for joining us this year and being part of the fight to #endAIDS.

WEDNESDAY, SEPTEMBER 18 - BIKE TRANSPORT

We offer bike transport to Westborough, MA at no cost through a reputable trucking company that has provided bike transport for Cycle for the Cause. Each bike is insured up to its current value. **Bike transport must be reserved in advance with the travel planner form submission and may NOT be reserved upon arrival.** Note: For your safety on the Ride, your bike **MUST** be fully tuned up by a local specialist or bike shop shortly before bike transport or shipping to the event.

Bike drop-off on **Wednesday, September 18**, takes place from **7:30 a.m. to 1 p.m.**

Option 1: You may bring your bike to The Center, located at 208 W 13th Street, New York, NY.

Option 2: You may drop your bike off at ADP, located at 1 ADP Blvd, Roseland NJ.

Your bike will be waiting for you in Westborough, MA when you arrive at our Night One hotel. **Please do not disassemble your bike, but DO remove water bottles, your bike computer, mounted pump, etc., before dropping it off.**

If you need to ship your bike to the start of the Ride in Westborough, MA from somewhere in the U.S. outside of the NYC Metro area, you can use our partner service, [BikeFlights](#), which has a discounted UPS rate and will ship from anywhere in the U.S. to our Ride start area. All bikes shipped through this service **MUST** arrive at Landry's Bicycle Westborough, no later than **Monday, September 16**. The address for Landry's Bicycle Westborough is pre-populated through BikeFlights. You are responsible for the costs associated with shipping and assembling your bicycle.

Optional assembly is \$100 and must be paid directly to Landry's Bicycles Westborough by Friday, September 13 by calling them at 508-836-3878. BikeFlights and Landry's Bicycle Westborough are not liable for lost or damaged bikes in transit. Please ship your bike in a foldable cardboard box, and not a heavy duty rolling case, as these take up a lot of room on our trucks throughout the weekend. Our team will then pick up all bikes that have arrived at Landry's Bicycle Westborough, and shuttle them to the **DoubleTree by Hilton Boston - Westborough** for your arrival on



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Thursday. Please don't hesitate to reach out to Lisa Gueldenzopf, at lgueldenzopf@gaycenter.org or 646-358-1753 with any questions.

Bike Shipping to NJ on Sunday, September 22 (post-Ride): If you would like your bike transported back to ADP in Roseland, NJ after the Closing Celebration, you may select this option on the Travel Planner Form. Bikes can be retrieved from their facility on Monday, September 23rd from 9 a.m. to 11 a.m.

Bike Shipping outside of the NYC Metro on Sunday, September 22 (post-Ride): If you need to ship your bike to a location outside of NYC Metro by our NYC bike partner, NYC Velo GW Market, you can opt to do this through our [BikeFlights](#) partner page. This will allow you to ship via UPS to anywhere in the U.S. Bikes will be picked up and shipped from NYC Velo GW Market on Monday, September 30. Note that bike disassembly and packing fee of \$80 will need to be paid directly to The Center by calling Lisa Gueldenzopf at 646-358-1753 no later than Friday, September 6. You can select this option on the Travel Planner Form, and we will follow up with you for payment.

THURSDAY, SEPTEMBER 19: PRE CHECK-IN

Pre check-in will take place on the morning of Thursday, September 19, at The Center, located at 208 W 13 Street, NYC, *and* in NJ at ADP, located at 1 ADP Blvd, Roseland, NJ, prior to our departure for Westborough, MA. Please come with any donations you still have to submit and your photo ID.

Participants with incomplete Travel Planners Forms, Medical Forms, or other items may not be permitted to board the bus or participate in the Ride.

In order to join us on the Ride, participants must be at 50% of their fundraising minimum before boarding the bus. Participants with outstanding fundraising minimums will have an opportunity to continue fundraising through December 31. Participants who do not complete their fundraising minimums by December 31 will be charged for the remaining balance on the card used at registration.

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THURSDAY, SEPTEMBER 19: TRAVEL TO WESTBOROUGH, MA

We have chartered buses from New York City and Roseland, NJ, to Westborough, MA, and are providing this charter **transportation at no cost to you**. A light breakfast buffet will be served in both locations. All are encouraged to bring lunch; however, we will be making one stop at a full-service rest area on our way to Westborough, MA.

CREW: 6:30 a.m.

Buses and vans will depart from The Center and ADP **on Thursday, September 19 promptly at 7:30 a.m.** Please plan to arrive at The Center at 6:30 a.m. for pre check-in, and to allow adequate time for your luggage and other items to be loaded onto the crew vans. The trip takes approximately four hours.

RIDERS: 9:00 a.m.

Buses will depart from the Center and ADP **on Thursday, September 19 promptly at 10:30 a.m.** Please plan to arrive at The Center at 9:00 a.m. for pre check-in, and to allow adequate time for your luggage and other items to be loaded onto the charter buses. The trip takes approximately four hours.

Alternate transportation: If you are outside of these areas and elect to travel on your own, you must alert the Cycle for the Cause Manager, Lisa Gueldenzopf at lgueldenzopf@gaycenter.org and note this on your Travel Planner Form. Please note that your car may not be left on-site during the event. We will provide driving directions upon request. **All Crew must be at the hotel by 12:00 p.m. and all Riders must be at the hotel by 3:30 p.m. on September 19.**

ACCOMMODATIONS

Cycle for the Cause has arranged for hotel accommodations on all three nights of the event at **no cost to you** (unless previously specified during your registration). The information for each of the host hotels are below.



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Thursday, September 19 DoubleTree by Hilton Westborough 5400 Computer Dr, Westborough, MA 01581	Friday, September 20 Mohegan Sun 1 Mohegan Sun Blvd Uncasville, CT 06382	Saturday, September 21 Hilton Stamford Hotel 1 First Stamford Place, Stamford, CT 06902
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All hotel rooms on Cycle for the Cause are double occupancy (two double beds). You may select your own roommate(s) for the duration of the event or Cycle for the Cause will match you with a roommate. We do our best to accommodate all requests to the best of our ability. Please be flexible and courteous to staff as we work toward providing the most comfortable arrangements possible for all. Please select your preferred roommates within the Travel Planner Form and let us know if you and your roommate prefer a shared king bed, whenever possible.

MEALS

Cycle for the Cause has partnered with a certified nutritionist to ensure that the meals we serve meet our quality and health standards, and fuel your body for the road ahead. Breakfast and dinner are eaten together each day at our host hotels and lunch is served at a fun outdoor stop along the route. All meals from Thursday dinner through Sunday lunch are offered at **no cost to you**.

PACKING

You can find a [comprehensive packing list](#) on the official Cycle for the Cause website.

2024 SCHEDULE SUMMARY (next page)



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2024 SCHEDULE SUMMARY

Wednesday, September 18	
7:30AM - 1PM	Bike drop-off for bike shipping at The Center and at ADP
Thursday, September 19	
6:30 AM	Crew arrive at The Center or ADP for pre check-in and send-off breakfast
7:30 AM	Crew vans depart New Jersey & New York City for MA
9:00 AM	Riders arrive at The Center or ADP for pre-check-in and send-off breakfast
10:30 AM	Rider buses depart New Jersey & New York City for MA
1:30 - 3:00 PM	Crew Orientation at DoubleTree by Hilton Westborough
3:30 - 5:00 PM	Welcome and Opening Celebration at DoubleTree by Hilton Westborough
6:30 - 8:00 PM	Dinner & Program at DoubleTree by Hilton Westborough
8:00 - 8:30 PM	Team Photos
Friday, September 20 (Team Jersey Day)	
5:00 - 6:00 AM	Breakfast and stretching at DoubleTree by Hilton Westborough. Luggage drop at Gear Truck outside main lobby.
6:00 AM	Cycle for the Cause Day One begins! Approximately 83 mile route.
6:30 PM	Dinner & Program at Mohegan Sun
Saturday, September 21 (Red Dress Day)	
5:00 - 6:00 AM	Breakfast/stretching at Mohegan Sun. Luggage drop at Gear Truck outside.
6:30 AM	Cycle for the Cause Day Two begins! Approximately 118 mile route (additional sweep options will be made available).
6:30 PM	Dinner, Program, and Red Dress Day Awards at Stamford Hilton
Sunday, September 22 (Center Jersey Day)	
5:00 - 6:00 AM	Breakfast and stretching at Stamford Hilton. Luggage drop at Gear Truck outside main lobby.
6:30 AM	Cycle for the Cause Day Three begins! Approximately 50 mile route.
11:00 AM - 2:00 PM	Friends and family may start to gather at The Center for the Closing Celebration!
11:00 AM - 2:00 PM	Riders reach the finish line at The Center
2:00 PM	Enjoy the Closing Celebration. Have a post-ride bite and beverage!